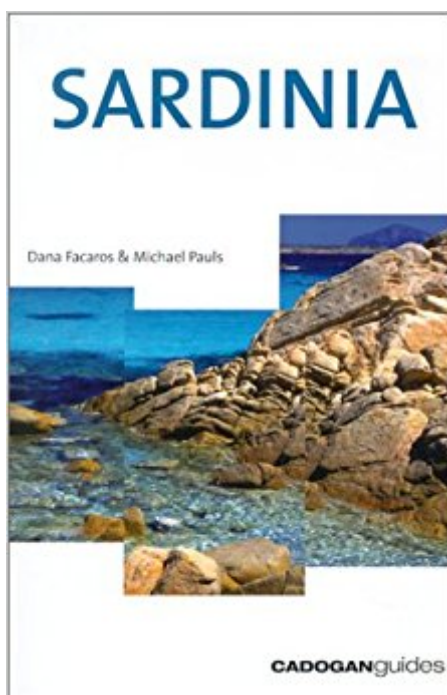


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Sardinia, 2nd (Cadogan Guide Sardinia)



Synopsis

Whether travelers are planning their city break in advance or want instant guidance exploring, Cadogan City Guides are the ideal companions. They provide a truly accessible way into the heart of a city, with a unique introductory full-color section packed with ideas for days out and itineraries and extensive, cross-referenced maps with all listings clearly marked (the fullest listings of any city guide available). They also include a wealth of engaging cultural and historical knowledge, along with anecdotes and colorful stories written in the enthusiastic, informed, personal way for which Cadogan is renowned. Traditionally a favorite destination for lucky Italian travelers, this island's quiet beaches and crystal clear seas are fast becoming an open secret with discriminating travelers. This updated edition of the guide uncovers the best festivals, the most stunning wildlife areas -- especially for flora -- and the must-see sights in Cagliari, Sardinia's elegant capital. It offers advice on where to swim, explore, wine and dine, and entertaining insights into the history and culture of this serene and historic island.

Book Information

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Customer Reviews

"It's difficult to praise the Cadogan books too highly...good writing, amusing comment, and invaluable advice." --The Independent (United Kingdom)"Cadogan Guides...go a little deeper than most guides, and the balance of infectious enthusiasm and solid practicality should appeal to first-timers and experienced travelers alike." --Michael Palin"Sardinia (Cadogan Guides) is the best guidebook." --Sunday Times (United Kingdom)

The splendidly isolated Italian island of Sardinia is a place where history and geography have conspired to create a world apart. The luxury playground of the Aga Khan's Costa Smeralda steals the headlines, but the Cadogan guide reveals the true Sardinia: a mysterious Bronze Age civilization that has left fascinating monuments dotted in profusion throughout rugged landscapes infused with the scent of myrtle and thyme. Added to this are sugar-soft beaches on a turquoise sea, lagoons of pink flamingos, the Sards' unique culture with village festivals and ancient, haunting polyphonic music, and an unusual and wide-ranging cuisine with plenty of good strong red wine. This fully update 2nd edition contains practical travel advice; over 250 hand-picked places to stay; over 300 restaurants, bars & cafes; 30 maps and site plans; color touring-map section; stunning color photography; the best beaches and the pick of ancient sites. (5 1/2 x 8 1/2, 308 pages, color photos, maps)

Cadogan Guides always have clever and interesting information that reveals more than the typical travel guide about the history of the region or places. These are guides have more primary information about the destination, culture etc. than photos so can be used in companion with other travel guides, although the Cadogan guide is the more indispensable.

Cadogan's guide to Sardinia is filled with history and practical details. The guide doesn't have pictures, just simple illustrations and some useful maps. The recommendations for hotels were also very good. We stayed in Cagliari, Arbus, and Nuoro. We were looking for hotels which were charming and not too expensive, and the book definitely met that need. The beach descriptions were also useful. Sardinia has many of them. :-) It's not necessary to go to the more expensive Costa Smeralda region in order to have a wonderful holiday in Sardinia. As a side tip, if you are going to Sardinia via Cagliari, drop by the tourist office. The people there were very nice, and they had a plethora of good information on Sardinia.

I bought this book because I am actually moving to Sardinia in a few months - and, believe it or not, I've never been there - so I needed a book that encompasses absolutely everything about the island. From food and wine to history, from beaches to the nuraghi, this book definitely has it all! It's a fairly easy read and I've learned so much from it. I feel like I've already been there. Even if you've never thought about visiting Sardinia, you'll want to after reading this guide. It has my highest recommendation.

It is tough to find guides to Sardinia. This one (Cadogan) is the best available. The Insight Guide gives you interesting information about the island, but it doesn't tell you where to stay or eat. The Eyewitness Guide gives a limited amount of information about hotels and lodging, but does offer helpful explanations of the local food, including pictures. This is great since we do not speak Italian. My Cadogan Guide is well worn, the mark of a truly useful book.

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